## **Report on Annual Sports Meet -FIESTA 2022**

Department of Civil Engineering at Integral University Lucknow actively participated in the **Annual Sports Meet -FIESTA 2022** During the academic year 2021-22 organized by the Integral University Sports Academy, starting from March 10, 2022. This participation was characterized by enthusiasm, dedication, and excellence. Under the guidance of Mr. Md Sajid, Assistant Professor and sports coordinator, along with student coordinators Ayush Marya and Mohammad Amir, the department's teams were well-organized and motivated.

The students engaged in a variety of indoor and outdoor sports, including athletics, football, basketball, volleyball, badminton, and table tennis. Their participation was marked by a strong display of talent, teamwork, leadership, and sportsmanship. The department's athletes balanced rigorous training with their academic responsibilities, achieving commendable results and bringing laurels to the department and the university.

Sports participation significantly contributed to the holistic development of the students. It provided a platform for them to develop essential life skills such as teamwork, leadership, and resilience. The values of sportsmanship were evident, with students celebrating victories humbly and accepting defeats gracefully. These experiences helped students build confidence, mental toughness, and a sense of camaraderie.

Looking ahead, the Civil Engineering Department is committed to continuing this tradition of active sports participation. The department aims to enhance its sports programs, improve training facilities, and encourage more students to participate. By doing so, it hopes to contribute to a vibrant and dynamic university environment, where students can excel both academically and in extracurricular activities.

Department of Civil Engineering was the Runner in Table Tennis (M)



Sports Name	Captain
Cricket	Ahtesham Alam
Football	Mir Asif
Volleyball (M)	Habiburrahman
Badminton (M)	Mohd Adnan Khan
Badminton (W)	Ankita Yadav
100m race (M)	Ayush Maurya
100m race (W)	Ankita Yadav
Shot put (M)	Mohammad Aas
Shot put (W)	Anam
Javelin throw (M)	Ayush Maurya
Discus Throw (M)	Avneesh Yadav
Discus Throw (W)	Anam
Chess (M)	Mohd Wamis Khan
Chess (W)	Bushra Praveen
Carrom (M)	Mubbashir Khan
Carrom (W)	Nawa Khan
Table Tennis (M)	Mohammad Athar Ali Azad
Table Tennis (W)	Ankita Yadav
Powerlifting (M)	Mohammad Aas

## NAME OF SPORTS AND THEIR CAPTAIN